DROP-IN RULES/FORMAT

- If you have yet to be rated by a Dive staff member, you will be given a yellow wrist band; start on the court that correlates to your skill level
- 2. Once you have been rated, you may play on any court labeled with your rating color or below
- 3. Join/form a team from available players and sign up on the sheet on the court you wish to play on:
 - a. You may only sign up on one court in one spot at a time
 - b. Do not cross off players/teams!
 - c. The next team to play should keep score
- 4. When it is your turn, play 2 games to 21 (win by 2, cap of 23) no "King of the Court" then sign up again once you have completed your games

See front desk with questions!

Dive Volleyball Drop-In Rating System

Black - Advanced (A/AA)

Players have exceptional overall skills in every aspect of the game. This division is for players who have played D1/D2 college volleyball, club volleyball at the elite level for several years, and/or advanced adult leagues for an extended period.

- 1. Is able to consistently pass a strategically tipped or aggressively hit ball in the direction of the setter regardless of the proximity of the ball to his/her position
- 2. If a setter, is able to run an offense that consistently disrupts the opponent's defense
- 3. If a setter, is able to set hittable balls when the pass is far from his/her position
- 4. Is able to serve a ball that consistently disrupts the opponent's defense
- 5. Is able to consistently and effectively execute a closed, penetrating block that sends an opponent's aggressive hit back to the opponent's court
- 6. Is able to consistently hit the ball over the net in a manner that consistently disrupts the opponent's defense when playing in the front row
- 7. Excels at all positions on the court while specializing in at least one

Purple - Competitive (BB)

Players are consistent in all aspects of the game and excel in one or more positions. This division is for players who have played for a number of years and truly understand and can execute on the strategies of the game.

- 1. Is able to consistently pass an aggressively served ball forward in the direction of the setter
- 2. Is able to consistently pass a strategically tipped or aggressively hit ball within his/her vicinity in the direction of the setter
- 3. If a setter, is able to run an offense that occasionally disrupts the opponent's defense
- 4. If a setter, is able to set hittable balls when the pass is less than ideal
- 5. Is able to serve a ball that occasionally disrupts the opponent's defense
- 6. Is able to consistently and effectively execute a closed, penetrating block
- 7. Is able to consistently hit the ball over the net in a manner that occasionally disrupts the opponent's defense when playing in the front row
- 8. Excels at one or more positions on the court

Orange – Intermediate (B)

Players have gained an understanding of the game's strategies and have begun to develop consistency in their level of play to execute on those strategies. This division is for players who have played organized volleyball in the past and are interested in a competitive level of play and continuing to improve their skills and consistency. Intermediate players must run a 6-2 or 5-1 offense.

- 1. Understands a 6-2 and 5-1 offense
- 2. Understands defensive positioning, rotations, and strategies
- 3. Is able to consistently pass a served ball forward in the direction of the setter

- 4. Is able to consistently pass a ball tipped or hit in his/her direction forward in the direction of the setter
- 5. If a setter, is able to consistently set a hittable ball when the pass is in his/her direction
- 6. Is able to consistently serve the ball overhand over the net
- 7. Understands the principles of blocking
- 8. Is consistently able to hit the ball over the net and inside the opponent's court when playing in the front row
- 9. Has begun to develop affinity for and skill in a specific position on the court
- 10. Understands the importance of three touches and the role of each touch (bump, set, spike)

Blue - Recreational

This division is for players who have yet to learn the fundamental skills and/or strategies of the game or have played for some time and are more interested in the active and social aspects of the game.

- 1. Is more comfortable with a center set offense or without a setter position
- 2. Is inconsistent in serving, passing, setting, and/or hitting
- 3. Does not understand or is unable to execute on defensive positioning, rotations, and/or strategies

<u>Green – Beginner</u>

This division is for players who are new[er] to the sport.

- 1. Consistently sends the ball to the opponent's side after one or two touches
- 2. Attempts to make contact with the ball with an upturned open palm
- 3. Is unable to serve over the net consistently or serves underhand
- 4. Collides or interferes with players while attempting to make contact with the ball